



# KFCA Newsletter

www.kitsapfostercare.org

August 2005



## KFCA July/August Events

### August 2005

- 1: KFCA Board Meeting
- 11: NK Foster Care Support Meeting
- 20: KFCA Annual Summer Picnic
- 23: Sexually Aggressive Children & Youth
- 24: Back to School Event
- 25: Physically Aggressive Children & Youth

### September 2005

- 6: KFCA Board Meeting
- 7: PreService Begins @ Compassionate
- 8: NK Foster Care Support Meeting
- 12: PreService Begins @ DCFS
- 28: KFCA Dinner Meeting

**Remember...**  
**there will be no dinner meeting in August!**

Parents, please talk with your children about following the rules during the dinner meetings. Our childcare providers are struggling with older children remaining within the designated area for our group.

**PLEASE BE ADVISED...**do not park on the road that runs up the side of the Community Center, the Sheriff's Department also uses that road and cars will be towed in the future.

## Kitsap Foster Care Association's Annual Summer Picnic

Please join us  
Saturday, August  
20, 2005  
1:00-3:00pm  
at  
Elwood Point  
Jackson Park

Come share good food, games, and good company!  
A fun day for the entire family.

Austin Drive Exit  
Into Jackson Park via  
Werner Way to the  
water  
Parking is limited,  
carpooling is  
encouraged.



### Join Us Now!

Kitsap Foster Care Association membership is open to foster parents and others interested in foster care. Make \$15 check payable to: KFCFA, PO Box 4542, Bremerton, WA 98312

### Thanks!

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

foster parent      agency staff      renewal?  
Affiliation: \_\_\_\_\_

## Kitsap Foster Care Association Membership Information

- **GENERAL MEMBERSHIP MEETINGS**
- **Where:** Silverdale Community Center, 9729 Silverdale Way NW, Silverdale, WA 98383
- **When:** Fourth Wednesday of each month, Dinner 6pm, Guest Speaker and Discussion 7pm.
- Free child care available on site.
- Members pay \$4 for dinner (50% off) and receive a free raffle ticket to win great prizes (additional raffle tickets may be purchased in support of KFCFA).
- **BOARD OF DIRECTORS MEETINGS**
- **Where:** Changing locations, contact any board member for this month's location.
- **When:** First Tuesday of each month @ 5:30pm.
- KFCFA Board Meetings are open, and all are welcome to attend. If you'd like to add an item to the agenda, please contact Ron Piper two days prior to the meeting.

## Board of Directors

**Ron Piper, President**

rtpiper@comcast.net

**vacant, Vice President**

**Sharon Williams, Treasurer**

Phone 876-1994 RWILLI4786@aol.com

**John Vail, Secretary/Membership/Community Awareness**

Phone 876-5207 jtlvail@hotmail.com

**Luanne Vail, Resources**

Phone 876-5207 jtlvail@hotmail.com

**Tracy Piper, Education/Dream Project**

rtpiper@comcast.net

**Henry Castanares, Historian**

Phone 692-0207 hcastanare@msn.com

**Diane Castanares, Child Care**

Phone 692-0207

**Karen Randleman, Community Awareness**

Cell 731-9052 karibou61@msn.com

**Teresa Walton, Foster Parent Liaison**

Cell 670-5250

Fosterparentliaisonkitsap@yahoo.com

**Jennifer Martin, Newsletter**

jjmm1@wavecable.com

*Please submit items for the newsletter no later than the last day of each month. My hope is to have the newsletter ready for printing and circulation earlier in the month. Thank you!*

*Jennifer*



## Trainings

### **PreService Training**

September 12, 14, 16, 19, 21, @ 23, 2005

Monday, Wednesday, Fridays

9:00am to 4:00pm

Orientation: September 7, 2005 @ 5:30pm

November 4, 5, 8, 9, 15, 16, 18, @ 19, 2005

Evenings 5:30pm to 9:30pm

Saturdays 9:00am to 4:00pm

Orientation: November 2, 2005 @ 5:30pm

December 1, 2, 6, 7, 8, @ 9, 2005

9:00am to 4:00pm

Orientation: TBA

All classes held at: First Methodist Church

1150 Marine Dr., Bremerton, WA 98312

To register for the above trainings, contact Shannon  
Freeman @ 475-3589 or Scott Adams @ 475-3598

### **PreService Training**

Hosted by Compassionate Foster Care

September 7, 13, 14, 15, 20, 22, 27, 28, & 29, 2005

6:00pm to 9:00pm

Contact Compassionate Foster Care to register  
373-9710

### **Sexually Aggressive Children & Youth**

August 23 & 24, 2005 @ 9:00am to Noon

January 5 & 6, 2006 @ 6:00pm to 9:00pm

### **Physically Aggressive Children & Youth**

August 25 & 26, 2005 @ 9:00am to Noon

January 26 & 27, 2006 @ 6:00pm to 9:00pm

First Methodist Church

1150 Marine Dr., Bremerton, WA 98312

Contact Hildegard Stone to register:

475-3586

## Kit sap Foster Care Association's Back to School Event

August 24, 2005

1:00pm to 3:00pm

Evergreen Park, Bremerton

Register your children by  
August 17, 2005 and they  
will receive a back pack  
full of school supplies

**FREE**

To all kids in foster and  
relative/kinship care.

Registration forms can be  
downloaded at

[Www.kitsapfostercare.org](http://www.kitsapfostercare.org)

Mail to KFCFA

Po Box 4542

Bremerton, WA 98312

Join us for hot dogs, chips,  
cookies, drinks, fun and  
free school supplies!

If you are interested in  
helping with this event,  
donating school supplies,  
or have questions, please  
contact:

KFCFA @ 373-7742



## **Kitsap County Resources...**

- 1) **ABRAHAM'S HOUSE (405-0488)**  
\*free furniture, household goods, etc.
- 2) **DR. CHARLES BROWN (779-7115)**  
\*children's dental care with med coupon
- 3) **FIRST** (foster intervention prevention support team) 1-800-391-2273
- 4) **GALAXY LIMOUSINE INC. (874-2565)**  
(1-800-874-2565)  
\*offers discounts to foster families
- 5) **KITSAP FOSTER CARE ASSOCIATION**  
(475-3513 or 876-1994)  
\*free duffel bags for foster children  
[WWW.KITSAPFOSTERCARE.ORG](http://WWW.KITSAPFOSTERCARE.ORG)
- 6) **MARY BRIDGE Center for Child Safety**  
(360-662-1198)  
\*Free child safety seat checks, bicycle helmet sales & fitting, free loaner life jackets
- 7) **NK FOSTER PARENT SUPPORT GROUP**  
(206-842-2362) or [Sufisher@aol.com](mailto:Sufisher@aol.com)  
\*meets @ Eagle Harbor Congregational Church; 105 N. Winslow Way, Bl 98110  
11:30am to 1:30pm
- 8) **NORTHWEST ENTERAL SUPPLY**  
(1-888-885-2386)  
\*free pull-ups for foster children
- 9) **OLYMPIC PHARMACY & HEALTH CARE**  
(1-253-858-9941)  
\*free delivery of diapers, medical supplies
- 10) **PATHWAYS TO SUCCESS (337-4738)**  
Youth Services Program
- 11) **SKILLS CENTER (478-5168)**  
\*free hair cuts for foster children

Kitsap Foster Care Association is attempting to keep an ongoing list of resources in the newsletter each month. Your contributions are vital to the resource page. Please email Jennifer with additional resources you would like to share with foster parents. Thank you for taking the time to share your information.

## The Dream Project

The D.R.E.A.M. Project is up and running! For those of you that don't know what that is all about here's a mini indoctrination: The D.R.E.A.M. Project was founded by the Kitsap Foster Care Association (KFCA) and it's purpose is to grant "Dreams" to our children in foster and kinship care in Kitsap County. Each child in care is entitled to one request per year. These requests come from the child themselves, and can be for items such as: Athletics, sports equipment, specialty classes and school memories (such as prom and graduation items). Dreams are granted for the actual cost of the item requested not to exceed \$50. The request form can be down loaded from the KFCA web page at [www.kitsapfostercare.org](http://www.kitsapfostercare.org) After the form is completed, have the child's social worker sign it and forward it to The Dream Committee @ KFCA PO Box 4542 Bremerton, WA 98312.

## Parents please be aware of your children's behavior during the KFCA Dinner Meetings...

Reinforce to your children the importance of listening to the daycare providers during the meeting. There have been problems with youth not following directions, wandering into areas that are restricted, and then challenging the adults in charge. Your children may be returned to you mid-meeting if they cannot follow the supervision and direction of the adults in charge.

Alcohol/Drug  
Helpline

[Www.adhl.org/druglos.html](http://www.adhl.org/druglos.html)

(206) 722-3700 (800) 562-1240 (WA only)  
TTY- (206)722-3724  
Email: [Staff@adhl.org](mailto:Staff@adhl.org)

Check out this website to get updated information on various drug/alcohol related issues, including common street names, statistics, and reference guides.



## Kudos Corner

**Kudos** to all of you who volunteered your time during Whaling Days! It was greatly appreciated.

- Kitsap Foster Care Association

For your information...

SEARS will replace any jeans (store brands) that have holes or rips, as long as the jeans are the same size, and without a receipt! Keep this in mind with your little active People!

### Attention foster parents!!!

It has come to our attention that many parents with young children are being interrupted during the dinner meetings to change their child's diapers...

In order to remedy this problem KFCA will have one designated child care provider who has been authorized to change diapers. In order to take advantage of this opportunity, you, as foster parents, will be required to sign a consent form to allow this child care provider to change your child's diapers. Again, the designated provider will have had the appropriate background checks, etc.

Consent forms will be available at the next dinner meeting. If you have questions, contact Diane Castanares @ 692-0207

On Monday, April 18, Linda Kalinowski and I attended the R5 Resource Family Leadership meeting. During the meeting Bonnie Adams and Carolyn Jones were on speaker phone with the group answering questions in regards to the new training requirements for foster parents. I thought you might want to hear the answers to some of the questions/issues identified during the conference call. Before sending this out I asked Bonnie to review to make sure I didn't miss anything.

**Who determines what training qualifies?**

- Training needs to be related to foster parenting.
- Licensors make the decision if a training qualifies. Based on licensors judgment.

- Foster Parent Trainers will consult if needed.

**What types of documentation are required?**

**Examples**

- Certificate
- Statements from trainer
- Completion of reading a book or on-line video training with clear supporting documentation that represents an understanding of course content.
- If there are questions regarding a specific training - can ask for an outline

**What types of trainings are allowed?**

Licensors are to use judgment - see **examples** below

- Classroom training
- Support groups - as long as there is some training topic included. May ask for outline of what was covered
- Web-based training
- Video training
- Books and articles
- Consultation with professional that includes training (i.e. a 5 minute consult to get a question answered by a physician probably would not qualify, but meeting with a physical therapist to learn how to do physical therapy to meet a specific child's needs would)

**In the case of Private Agency Foster Homes - where should the documentation for the training be kept?**

- CPAs can keep the documentation in the private agency file.
- When the CPA licensor writes the reassessment report the training should be summarized there.
- Regional licensors will check the documents in the agency's foster home records when they review files.

**Does CPR/FA renewal count towards the training requirement?**

NO

**What if one parent only has taken PRIDE, can the 2nd parent take PRIDE and have it count towards the training hours required for renewal?**

YES

Linda Tosti-Lane  
R5 - Office of Foster Care Licensing  
253-983-6499

Kitsap Foster Care Association is seeking your input and expertise...

If you are interested in acting as Vice President until May 2006 when the Membership will again vote on that Position, or if you are interested in acting on the Fundraising, Legislative/Advocacy, or Community Awareness Committee please call 373-7742.

We believe that the individuals within our community hold a wealth of knowledge and creativity. Please share it with us, we await your call and are anxious to have new members added to our team.

*When I lived in Sad Diego, we had several feeders and the little birds would fight and zoom all around the feeders trying to feed and control as they are very territorial. I used to stand right next to the feeders and they would hover in front of my glasses and look at themselves within inches of my face. If I got really close to the feeder, they would land on my glasses.*

*They are quite brave (or very stupid)*

*One day, I noticed what looked like a wad of cotton stuck in my chain linked fence. I looked and there were 3 tiny eggs setting on the cupped wad that was woven into the fence. I picked them up and the mother bird arrived and darted at me, made all sorts of clicking sounds and when I replaced them and went away, she sat on them. Sometime after, I saw that there were the tiniest little babies that you ever saw. I kept an eye on them but left them alone until they had feathers. Then I would go over and pick them up and mom would have a fit. It is very necessary not to hold them tight as they are so very delicate and fragile. They weigh almost nothing! When they were about ready to fly, they would fall out of their nest, I would replace them. Finally one day they seemed ready and would fly a short distance, go to the ground and seem not sure what to do so back in the nest I would place them. One of them kept trying to fly and I caught it all the way down the street and brought it back where it stayed until the next day and I suppose that it finally made its way as they didn't come back. The next year, same thing in the same nest but this time, mom never came back and the eggs were eaten by ants after they went bad. I think the mom may have been killed because they always take care of their eggs and young. Now I have 2 feeders near my shop and they seek out bright colors and wind up in my shop where they can't figure out how to fly out even though I have a very big garage door. I even turn off the lights so they can see that outside is very bright but don't seem to understand. They refuse to fly down, only up to the top of the ceiling and I have found them near death on the floor due to lack of food. I take them out and place their pointed beak into the feeder hole and let them hang there, after about an hour, they have gotten enough sugar water to move and fall to the ground, still too weak to fly so I put them back up and after awhile, they fly away. I made up a net and 10 foot pole and chase them all around my shop until I catch them or they poop out and can't fly any more then I put them on the feeder. We also have them come into our home from time to time. I can catch them easily in here. I sometimes catch 3 a week so they become somewhat of a pest. When I chase them in my shop, I am looking up and I run into my equipment and I must look very funny. I have seed feeders for the other birds and it is never empty and I have hundreds of birds all day long here....feeding and bathing. I even know what they're names are (type of bird) I can even tell you some of their habits. I watch them and really enjoy their company.....except they poop a lot but it washes off so.....there you have it. Kinda educational huh?*

*Hope that you enjoyed my story. -Rick*

## *From the President...*

My first month as President is over and I have discovered there's a lot to do, and a lot I didn't know! One thing that I have discovered is that there's a web-site for foster parents hosted by the state. The web address is: [www.1.dshs.wa.gov/ca/fosterparents](http://www.1.dshs.wa.gov/ca/fosterparents).

There's some interesting information on their site, and something I would like to share with you.

This past July 1st, the rate for foster care went up, you may have seen this in your payments. The increase was 1%! To the state budget as a whole that adds up. However, for the foster parent it amounts to a \$3 to \$6 raise per month for each child. It doesn't seem like much for all that is required of foster parents. Then to further the matter, our state legislators have decided to cut \$2.1 million from the budget for foster care. So in my mind what this amounts to is we will get a raise at the cost of services to the kids.

We have been told that when it comes to the safety of the children, cost will not be a consideration, safety and well being come first. However, someone forgot to let the legislators know this. I will be the first to admit, I don't like politics and never will. But we need to stand together and write the legislators, they are responsible for the cuts not your social worker, or the administrators .

Believe me when I say that our state workers are just as frustrated with this as we are. I think that it's time for a letter campaign to your the legislators! Let's bring the issue to the front of their minds. Only our state legislature can change the budget and help us help our foster kids. I will have the addresses and sample letters for you at the September meeting.

Enough gloom, the good news on the web-site from the state is the Foster Parent and Caregivers Conference is being held in Ocean Shores this year. The dates are September 25-27 with on-site registration beginning at 10:00 AM. There will be fun and educational functions for all. Please go to the web-site I listed above and sign up. I should also mention that there are scholarships (covers registration, food and lodging) available on a first come first served basis. There is also a flyer being mailed so watch for it and sign up early.

Your President,

Ron Piper

KFCA Newsletter  
P.O. Box 4542  
Bremerton, WA 98312

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