



KFCA Newsletter

www.kitsapfostercare.org

July 2006

KFCA CURRENT EVENTS

Please join us for this fun event...July 16, 2006 @ 3pm
Putt Putt Golf/Rock Climbing @ Wagga Way Golf Course
Cookies/drinks provided

Upcoming Dinner Meeting Training Topics...

Join us at the KFCA Dinner Meetings for updated information and training topics...**July 26, 2006**, Roger Roth from Rill Chapel will be speaking about grief and dealing with change. For more information about Mr. Roth and/or Rill Chapel visit their website:
<http://rill.com/index.shtml>

KFCA Annual Back to School Event

August 9, 2006 12:00 to 2:00pm @ Evergreen Park, Bremerton

KFCA's Annual Summer Picnic is August 13, 2006! *12pm to 2pm @ Evergreen Park*

Join us for good food, games, the ice cream truck, and a raffle! The weather should be nice, this is a good opportunity to get out and do something with the family! No dinner meeting in August!

Attention Foster Parents!!! Before monthly dinner meetings, please talk with your children about following the direction of the childcare providers. Teens and children cannot be outside while supervised by the childcare providers and younger children requiring sign in/sign out must remain in their designated area until they are signed out. Thank you!

*Check it out...*Kitsap Foster Care Association's web site has undergone some major revision and has great updated information. <http://www.kitsapfostercare.org/>

FOSTER PARENT NIGHT OUT

July 28, 2006
5:00pm to 10:00pm

Christian Life Center
Church
1780 SE Lincoln Ave.
Port Orchard, WA

Foster parents...treat yourself to a night out on the town! Leave your children with care providers paid for by KFCA.

Kitsap Foster Care Association will provide food, snacks, and drinks for the children.

Children with sexual offending behavior will not be allowed to attend.

This event is open to foster parents who are current members of Kitsap Foster Care Association only.

Foster parents must register with Luanne Vail by July 23, 2006
876- 5207



Join Us Now!

Kitsap Foster Care Association membership is open to foster parents and others interested in foster care. Make \$15 check payable to: KFCA, PO Box 4542, Bremerton, WA 98312

Thanks!

Name: _____

Address: _____

foster parent agency staff renewal?

Affiliation: _____

KITSAP FOSTER CARE ASSOCIATION MEMBERSHIP INFORMATION

• GENERAL MEMBERSHIP MEETINGS

- **Where:** Silverdale Community Center, 9729 Silverdale Way NW, Silverdale, WA 98383
- **When:** Fourth Wednesday of each month, Dinner 6pm, Guest Speaker and Discussion 7pm.
- Free child care available on site.
- Members pay \$4 for dinner (50% off) and receive a free raffle ticket to win great prizes (additional raffle tickets may be purchased in support of KFCA).

• BOARD OF DIRECTORS MEETINGS

- **Where:** Changing locations, contact any board member for this month's location.
- **When:** First Tuesday of each month @ 5:30pm.
- KFCA Board Meetings are open, and all are welcome to attend. If you'd like to add an item to the agenda, please contact Rick Williams two days prior to the meeting.

BOARD OF DIRECTORS

Rick Williams, *President*

president@kitsapfostercare.org

Jeff Bishop, *Vice President*

vicepres@kitsapfostercare.org

Sharon Williams, *Treasurer*

Phone 876-1994 treasurer@kitsapfostercare.org

John Vail, *Secretary/Membership/*

Community Awareness

Phone 876-5207

secretary@kitsapfostercare.org

Luanne Vail, *Resources*

Phone 876-5207

resources@kitsapfostercare.org

Karen Randleman, *Dream Project*

Cell 731-9052 dreamproject@kitsapfostercare.org

Henry Castanares, *Historian*

Phone 692-0207

historian@kitsapfostercare.org

Diane Castanares, *Child Care*

Phone 692-0207

childcare@kitsapfostercare.org

Debra Converse, *Education/Training*

education@kitsapfostercare.org

Chuck Converse, *Webmaster*

webmaster@kitsapfostercare.org

Teresa Walton, *Foster Parent Liaison*

Cell (360) 990-9995

liaison@kitsapfostercare.org

Jennifer Martin, *Newsletter*

newsletter@kitsapfostercare.org

Phyllis Bishop, *Special Events Coordinator*

events@kitsapfostercare.org



Upcoming Training

Parenting Sexually Aggressive Children & Youth

August 9-10, 2006
9:00am to Noon

First Christian Church, 4885 Hovde, Port Orchard
(with pretest, 12 hours credit)

Parenting Physically Assaultive Children & Youth

August 28-29, 2006
9:00am to Noon

First Methodist Church, 1150 Marine Drive
Bremerton
(with pretest, 12 hours credit)

Engaging Families for Change

August 30-31, 2006
9:00am to Noon

First Methodist Church, 1150 Marine Drive
Bremerton
(6 hours credit)

To register, contact Hildegard Stone
@ 475-3586 or 1-800-423-6246
Email @ sthi300@dshs.wa.gov

Grow and Go...Online Workshops for Foster Parents

<http://www.pierce.ctc.edu/distance/ofpe/>

Check out this web site:

<http://www.familieslikeours.org/>

First Aid/CPR Training for Foster Parents

The Resource Family Training Institute sponsors First Aid training free of charge to all currently licensed and perspective foster parents. For a complete schedule and registration please visit the website at:

<http://www.keepthebeatcpr.net/>
Or call (253)217-1105

2006 ANNUAL CAREGIVER CONFERENCE

September 17-19, 2006

Subcommittees have been identified and volunteers are needed to participate. The Subcommittees are: Volunteer Coordination, Workshops, Fund Raising, Entertainment, Regional Meetings, Food, Vendors and Keynote. If you would like to participate or know someone who would like to participate in any of the subcommittees, please contact Barb Bofinger at (360) 902-7986 or boba300@dshs.wa.gov

The committee unanimously is recommending that the conference be at the Mirabeau Park and Convention center in the Spokane Valley.

The website if you would like to have a look is:

<http://www.mirabeauparkhotel.com/>

FOSTER PARENT/CAREGIVER
CONFERENCE PLANNING
COMMITTEE MEETING DATES:

July 17th, August 21st, September 18th,
October 16th (for debriefing after the
conference)

All meetings will be in the KENT DCFS
Office, Federal Way 9:30 – 12:00

DSHS Electronic Forms Link

<http://www1.dshs.wa.gov/msa/forms/eforms.html>

*Put these dates on your calendar...
details on these events to follow in
upcoming newsletters*

December 16, 2006 1-3pm

KFCA Annual Holiday Party @ Silverdale
Community Center

December 2006

Foster Parent Night Out (actual date TBA)
This will be an opportunity for foster parents to
“go out” by themselves! Childcare will be
provided for 4-5 hours on a designated
evening, so you can have a night out!



Kitsap County Resources...

- 1) **ABRAHAM'S HOUSE (405-0488)**
*free furniture, household goods, etc.
- 2) **DR. CHARLES BROWN (779-7115)**
*children's dental care with med coupon
- 3) **FIRST** (foster intervention prevention support team) 1-800-391-2273
- 4) **GALAXY LIMOUSINE INC. (874-2565)**
(1-800-874-2565)
*offers discounts to foster families
- 5) **KITSAP FOSTER CARE ASSOCIATION**
(475-3513 or 876-1994)
*free duffel bags for foster children
WWW.KITSAPFOSTERCARE.ORG
- 6) **MARY BRIDGE Center for Child Safety**
(360-662-1198)
*Free child safety seat checks, bicycle helmet sales & fitting, free loaner life jackets
- 7) **NK FOSTER PARENT SUPPORT GROUP**
(206-842-2362) or Sufisher@aol.com
*meets @ Eagle Harbor Congregational Church; 105 N. Winslow Way, BI 98110
11:30am to 1:30pm
- 8) **NORTHWEST ENTERAL SUPPLY**
(1-888-885-2386)
*free pull-ups for foster children
- 9) **OLYMPIC PHARMACY & HEALTH CARE**
(1-253-858-9941)
*free delivery of diapers, medical supplies
- 10) **PATHWAYS TO SUCCESS (337-4738)**
Youth Services Program
- 11) **SKILLS CENTER (478-5168)**
*free hair cuts for foster children

Kitsap Foster Care Association is attempting to keep an ongoing list of resources in the newsletter each month. Your contributions are vital to the resource page. Please email Jennifer with additional resources you would like to share with foster parents. Thank you for taking the time to share your information.

Calendar of Events

July 2006:

- 5: KFCFA Board Meeting
- 13: NK Foster Parent Support Meeting
- 16: Miniature Golf @ Wagga Way
- 26: KFCFA Dinner Meeting
- 28: Foster Parent Night Out!
- 28: Whaling Days Begins

August 2006:

- 1: KFCFA Board Meeting
- 9: Back to School Event
- 9: Parenting Sexually Aggressive Children
- 10: NK Foster Parent Support Meeting
- 13: KFCFA Annual Summer Picnic
- 28: Parenting Physically Assaultive Children
- 30: Engaging Families

September 2006:

- 2: Blackberry Festival Begins
- 5: KFCFA Board Meeting
- 14: NK Foster Parent Support Meeting
- 17: Foster Parent Conference
- 27: KFCFA Dinner Meeting

October 2006:

- 3: KFCFA Board Meeting
- 12: NK Foster Parent Support Meeting
- 25: KFCFA Dinner Meeting

Effective July 5, 2006, Children's Administration requires social workers to provide advanced notice to you, as caregivers, when a Court Hearing or case staffing, involving a child in your care, is scheduled. When a Court hearing is scheduled for a child placed in your home you will receive the ISSP and a cover sheet that specifies the date, time, and location of the court hearing for that child. You will receive a Caregiver staffing notice when a staffing is scheduled for a child placed in your home.

The information you provide as a caregiver is important in case planning so please fill out the Caregiver's Report to Court and bring it with you when you attend a court hearing or staffing. If you can't come to a staffing or court hearing, you can still participate by filling out the Caregiver's Report to the Court and returning it to the social worker so the information about the child can be used in Court and case planning. Copies of the forms are available from your CA social worker and on the Foster Parent website at:

<http://www1.dshs.wa.gov/ca/fosterparents/index/asp>.

Thanks for taking the time to participate in planning for the children placed in your home, your involvement improves outcomes for our kids.

My name is Gina Pizano. I am the foster home developer for the Multidimensional Treatment Foster Care Program. We have a very unique program that is evidence based. Our program provides 24 hour, seven days a week support for foster parents. It also has a reimbursement rate of \$1600 per month. Each child is given an individual therapist that takes the child out in the community weekly, as well as a skills trainer that works with the child twice a week.

As a foster parent, I know that support is a number one concern. I would like to introduce our program to foster parents in Kitsap County.

If you are interested in more information, please call:

Gina L. Pizano, BA
MTFC Foster Home Developer
Kitsap Mental Health Services
360-479-4994

Kudos Corner...

Kudos to Karen Randleman and Teresa Walton, our new recruiters for Kitsap County! Congratulations from the Board.

Kudos to Damian Lonnee and Linda Kalinowski for all their hard work recruiting people for the Golf Tournament at Horseshoe Lake.
-KFCA Board

The Panel's report on DSHS's proposed compliance plan has been released and is posted on the website,
<http://www.wsipp.wa.gov/braampanel/DecisionsCompPlan.doc>

The next meeting is July 25th in Olympia.

The Panel is pleased to announce that Carrie Whitaker has been hired as the new Executive Coordinator for the Panel and will begin work July 17, 2006. Carrie has been with the Washington Community Mental Health Council as a Policy Analyst. She previously worked with the Department of Human Services in Philadelphia for three years managing a systemic reform initiative for foster care, as well as working with Philadelphia's School District on school reform. Carrie has a BA from Brown University and a Masters degree in Government Administration from the University of Pennsylvania.

Make This Summer a Safe One

Every summer, approximately 2.7 million children in the United States ages 14 and under are treated in emergency room for accidental injuries, and nearly 3,000 die. Echoing the theme of National Safety Month 2006, "Making Our World a Safer Place," Kitsap Safe Kids and Mary Bridge Children's hospital reminds parents and caregivers that more children are accidentally injured in the summer than any other time of year, with about 42 percent of fatal injuries occurring between May 1 and August 31.

Summer is "trauma season," when kids are most likely to be riding a bike, swimming, crossing streets and spending time at the playground. Safe Kids encourages age-appropriate outdoor activity, but also urges appropriate precautions and active supervision. Simply being near your child is not necessarily supervising. A supervised child is in sight and in reach at all times, with your undivided attention focused on the child.

Parents and caregivers should know, and know how to minimize, the risks associated with:

Swimming: Drowning is the second leading cause of accidental death among children ages 1 to 14. A child can drown in as little as one inch of water, and drowning is usually quick and silent. A child will lose consciousness two minutes after submersion, with irreversible brain damage occurring within four to six minutes.

Activities on Wheels (bikes, scooters, roller skates): The single most effective safety device available to reduce head injury and death from bicycle crashes is a helmet. Make it a rule. Every time you or your child ride a bike, you must wear a bicycle helmet. Helmet fit is important. The helmet should be comfortable and snug, but not too tight. It should sit centered on top of your head in a level position, and it should not rock forward and backward or side to side. The helmet straps must always be buckled snugly against your chin.

Climbing and Falls: All windows above the first floor should be equipped with window guards, preferably guards with emergency release devices in case of fire. Children can fall from windows open as little as four inches. Open windows without guards at the top only, or use window stops so they open only a few inches. Never rely on window screens to prevent falls. Supervise children at all times around open windows. Move furniture away from windows, and keep them locked when they are closed. Any house with a baby or toddler in it should have safety gates at the top and bottom of every staircase. Safety gates at the tops of stairs must be attached to the wall, as these are more secure than the kind held in place by outward pressure.

For more information and safety tips contact Mary Bridge Center for Childhood Safety, Silverdale at 360-662-1198 or visit <http://www.safekids.org/>

First Wednesday of every month - Car-Seat Check 10am-2pm (July 5, August 2, Sept. 6, Oct. 4, Nov. 1, Dec. 6) (no appointment necessary) (Low-Cost car-seats available if NEEDED - one per child. Child MUST be present, caregiver must be present, and vehicle family uses to transport child in present. Request a minimum donation of \$25 for seats with a harness and \$10 for booster seats).

Every Wednesday from 2pm-5pm low-cost helmet sales available. \$7.00 for bike helmet and \$10 for multi-sport helmet/aggressive skating (Ski helmets available Nov-Feb \$15.00). Low-Cost Life Jacket Sales available every Wednesday from 2pm-5pm \$12.00. We also have lifejacket LOANERS. Loans are made for two weeks, all sizes, free of charge.

For the above services wearer must be present for a custom fit.

Hi Everyone!

Did you miss me last month? I didn't think so but if you did, I have an excuse. Jennifer puts the newsletter together right after the Board Meeting because that's when information is compiled for that month. I left the next morning on a very exhilarating five day motorcycle ride down into Oregon. The weather was great, the sights were breathtaking and we managed to straighten many miles of twisty mountain roads. We eight were only stopped once by a Trooper and as luck would have it, only received a friendly, verbal warning to keep it below 100 miles per hour! Anyway, that's my excuse!

The truth is you don't need me to keep you informed because Jennifer and Chuck do such a great job with the newsletter and website. Such as that may be, I still go over some things just to make my position seem important. As always, don't believe me but get the accurate info from the newsletter and website.

Fun things are coming! The member's only (time to join!) Putt-Putt Golf always attracts a lot of people because it is so much fun for everyone. That will happen July 16th at 3:00pm at the golf place on Wagga Way. If the rock climbing wall is available, we will pay for that too!

Whaling Days are coming up July 29th and 30th. We have a recruiting booth as always and need positive minded parents to work two hour shifts. Please help out! As a side note, congratulations to Karen Randleman and Teresa

Walton on their being hired to do recruitment in Kitsap. They will be working and running the booth so please contact one of them to sign up! We will reimburse you if you need to pay for parking. Do a little something and get to people watch all for free!

Back to School is once again coming upon us. This event supplies your kids with backpacks, paper, pens and so forth all for free. If you miss it, we can't hold things for you so please show up and save yourself the shopping hassles as well as money. It will be held August 9th at Evergreen Park from 12:00 till 2:00pm so don't be late.

August 13th is the annual KFCA picnic. This year, we will have the honor of having members of the Fleet Reserve Association (Navy guys) cooking and helping and it will add a new energy to this event. The Ice Cream Truck will be there again as well as an adult raffle and games for the kids. Plan to play the Water-balloon Toss as well as Chubby Bunny! Adults can play too! Be at Evergreen Park in Bremerton from 1:00pm until 3:00pm.

The biggie is a completely new effort called the Family Night Out. On July 28th from 5:00pm until 10:00, KFCA in unison with the youth group at the Christian Life Center off of Mitchell Way in Port Orchard, will —get this— watch your kids while you and your special other take off and see a movie, go to dinner or do what ya want. The kids will be well supervised while playing pool, games, video stuff and all sorts of things at their youth center. We will have a nursery for the tiny ones but bring their bottles and diapers. The older ones will pig out on pizza and drinks so no need to feed! We do ask that if your kid has special issues that could put others at risk, please don't bring him (or her)

Kids that are S.O.s or have S.O. issues aren't a good fit and we can't ensure the safety of others. I'm sure that you know what I am speaking of. We are sorry for any that can't partake due to these issues. This is a first effort and hope that you can make it a successful one! We will do this again, possibly in December. This event is for members of KFCA, so if you aren't one, cough up \$15.00 bucks and cash in on a heck of a great deal! You MUST pre-register with Luanne Vail at 360-876-5207 no later than July 21st so don't be like so many that wait until the last minute. It only makes it more difficult to do final planning and I'm sure that you understand. THANKS!

The Clothing Stampede (giveaway) from Walmart has been less in quantity than in the past and that can't be helped and thoughtful others have brought in bags of used clothing. Please, I would like to be consulted before bringing in more used items so that I can be assured that the clothing is clean and very usable. I truly doubt that someone would bring in anything but good clean items but you can understand that I need to know so that I can stand up and say that, rather than "I don't know what that stuff is". I know that you would feel the same. Thank you again!

Donations are up in the Dream Project thanks to Linda Kalinowski, Damian Lonnee and many more that I don't know about. This is due to the Golf Tournament coming up at Horseshoe Lake. The very hard work of putting together a tournament in Pierce and Kitsap Counties to raise funds for kids is amazing. I want to remind you that all kids in care can receive \$50.00 awards for various things, each year. Check the web site for details!

Did I make up for missing last month's letter? Still awake? As always, your Association works so well for three reasons; your attendance, your terrific board members and MONEY! Please support us with your presence at the meetings and events!

Thanks one and all! Rick Williams Your Prez

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